


SENIOR SERVICES EVENTS & ACTIVITIES

DECEMBER 2010

SENIOR SERVICES 292-8262 TRANSPORTATION PROGRAM 292-8261

NUTRITION PROGRAM ON-SITE CAFÉ 292-8279 NUTRITION PROGRAM MEALS - ON - WHEELS 292-8279

monday	tuesday	wednesday	thursday	friday
UPCOMING EVENTS: 1/10 ~ NEW BRIDGE CLASS 1/12 ~ SILVER SNEAKER PRESENTATION BY HEALTH TRAX 1/24 ~ MELISSA'S CRAFTS	2/11 ~ EASTERN CONNECTICUT STATE UNIVERSITY: BROWN BAG CONCERT SERIES	1 SPECIAL DIAL-A-RIDE TRIP TO SALEM CROSS CHRISTMAS 9:00 - 3:30 SHOPPING @ GEISSLERS'S 9:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 WAREHOUSE POINT LIBRARY 1:00	2 FOOT CARE SERVICES 9:00 - 2:00 MALL WALKERS & SHOPPERS 10:00 FREE BLOOD PRESSURE AND BLOOD SUGAR SCREENING 10:00 - 12:30 SENIOR CLUB MEETING 1:00	3 GOVERNOR'S MANSION HOLIDAY TOUR 9:15 - 11:30 FREE PROGRAM - TOYS FOR TOTS DONATIONS ACCEPTED SENIOR CARDIO CIRCUIT FITNESS CLASS 11:00 - 11:45
6 SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 MELISSA'S CRAFTS: HOLIDAY ORNAMENTS 12:30 KNIT, TAT, & CHAT 12:30 WALKING PROGRAM 12:30	7 FOOD FOR THOUGHT W/ JANET 10:30 - 11:30 NATIONAL BROWNIE DAY SEE REVERSE SIDE FOR MENU NEW ELDER LAW PROGRAM: ATTORNEYS KRANER & HESS ONE-ON-ONE SESSIONS 1:00 - 2:00	8 SHOPPING @ GEISSLERS'S 9:00 A.C.T.I.V.E. CLASS 10:30 HOME & COMMUNITY SEMINAR "HELP WITH WINTER WOES" 1:00 - 2:00	9 SPECIAL DIAL-A-RIDE TRIP TO THE FESTIVAL OF TREES AT THE WADSWORTH ATHENEUM 10:00 - 2:00 MALL WALKERS & SHOPPERS 10:00	10 SHOPPING @9:00AM CHRISTMAS TREE SHOPS HOLIDAY CONCERT AT THE BROAD BROOK SCHOOL 1:30 - 2:45 SENIOR CARDIO CIRCUIT FITNESS CLASS 11:00 - 11:45
13 SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 KNIT, TAT, & CHAT 12:30 WALKING PROGRAM 12:30	14 FOCUS GROUP 10:00 - 11:30 SPECIAL DIAL-A-RIDE TRIP TO AC MOORE CRAFTS FOR A FREE CARD MAKING CLASS 12:30 - 2:30 BRIGHT NIGHTS AT FOREST PARK 4:00 - 6:30	15 SHOPPING AT GEISSLER'S PLAZA 9:00 - 10:30 SET UP FOR MONTHLY SOCIAL AND HOLIDAY DINNER 10:00 - 3:00	16 ANNUAL CHRISTMAS HOLIDAY DINNER SOCIAL WITH A SPECIAL VISIT FROM SANTA 10:30-2:30 FINAL PAYMENTS DUE FOR JANUARY TRIPS/SIGN-UPS FOR FEBRUARY TRIPS	17 SPECIAL DIAL-A-RIDE TRIP TO K-MART AND VERNON SUPER BUFFET 9:00 - 1:30 SENIOR CARDIO CIRCUIT FITNESS CLASS 11:00 - 11:45
20 SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 KNIT, TAT, & CHAT 12:30 WALKING PROGRAM 12:30	21 COOKIE SWAP 10:30 - 11:30 MELISSA'S CRAFTS: NEW YEAR'S THEME CRAFT 12:30 - 2:00	22 SHOPPING @ GEISSLERS'S 9:00 SPECIAL DROP IN DAY 9:00 - 2:00 TOWNWIDE HOLIDAY LIGHTS CONTEST JUDGING 4:30 - 6:30	23 MALL WALKERS & SHOPPERS 10:00 SPECIAL SENIOR CENTER DROP IN GAME DAY 9:00 - 2:00	24 CENTER CLOSED 
27 SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 KNIT, TAT, & CHAT 12:30 WALKING PROGRAM 12:30	28 FILE OF LIFE OUTREACH ASSIST. W/ A REP FROM THE EW AMBULANCE 10:30 NATIVITY DISPLAY 9:00 - 12:00 SOCIAL SECURITY SEMINAR 1:00 - 2:00	29 SHOPPING AT GEISSLER'S PLAZA 9:00 - 10:30 SET UP FOR MONTHLY SOCIAL AND HOLIDAY DINNER 10:00 - 3:00	30 SPECIAL NEW YEAR'S EVE HOLIDAY SOCIAL WITH LIVE ENTERTAINMENT FROM LENNY ZARCONI 11:00 - 2:00	31 CENTER CLOSED <div>11.10.10</div>

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please listen to WTIC Radio Station 1080AM or Channel 3-WFSB for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.